



## ‘TIME FOR A CUPPA’ Supporting local residents living with Dementia

£5 per person  
includes entry, tea, coffee juice and cake.\*

Tuesday 17th March 2026  
The Fairwood Brasserie, Chelmsford City Racecourse  
Great Leighs, CM3 1PZ  
2.30pm - 4.30pm

There is free parking within close proximity, and disability access.  
See below directions via Gate 11, Moulsham Hall Lane.

We're holding a raffle, in aid of Dementia UK, to win a fantastic hamper for 50p per ticket.  
Dementia UK and Essex Dementia Care will be on hand to give advice and support on the day.

For bookings please email [info@chelmsfordcityracecourse.com](mailto:info@chelmsfordcityracecourse.com) or call 01245 360300.

We look forward to seeing you there.



\*Please advise of any allergies.

